

S W A N T O N , V E R M O N T

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Welcome to Hamlen's Helping Hand!

1st Newsletter 2008

Don't forget Hamlen's Garden Party Sat 5/3 from 11-2. This years theme is "The Magical Garden".

In this issue...

Victory with Vegetables Hamming it Up

Victory with Vegetables

My father would lead the three of us down to the vegetable garden. My two brothers and I always loved the vegetable garden. It would always amaze us the way things grew so big in such a short time. The rows of vegetables were like hallways we could run and hide in. There was something magical about the garden. To think all this started from a flat barren field several months before. I can remember my father bending down in his patch of turnips with his pocket knife. The three of us would be standing around watching and he would pull the turnip out, pare it with the jackknife, and then slice it up giving us each the pieces. I still enjoy the taste of turnips today all because my father showed us the joys of the garden. This was back in the forties during WWII. People were being encouraged by the government to plant Victory Gardens. Many families just raised gardens because this is how they had enough food for the winter. ☐



This was a time of uncertainty, the Victory Garden provided Americans with stability and nutrition. Today a vegetable garden provides the same stability and nutrition for our times. We are uncertain where our vegetables are grown. Were they produced in a country that allows dangerous pesticides to be applied? If the vegetables are certified organic who is certifying them? How fresh are they? Growing your own vegetables eliminates these questions. Your family has a

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Hamlen's Garden Center
157 St. Albans Road
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supply of fresh, crisp vegetables while learning the art of vegetable gardening. The vegetable garden gives kids a better understanding where food comes from and how they can sustain themselves by growing their own. As an added benefit getting kids to eat their vegetables is easier when they have a part in the growing process.

Today, my friends, I beg your pardon, but I'd like to speak of my Victory Garden. With a hoe for a sword and citronella for armor, I ventured forth and became a farmer... Ogden Nash 1943

☐ Special thanks to Rachel Hamlen Koier for sharing this information.

Hamming It Up

Two Eskimos sitting in a kayak were chilly, but when they lit a fire in the craft it sank - proving once and for all that you can't have your kayak and heat it, too.

A farmer was milking his cow. He was just starting to get a good rhythm going when a bug flew into the barn and started circling his head. Suddenly, the bug flew into the cow's ear. The farmer didn't think much about it, until the bug squirted out into his bucket. It went in one ear and out the udder.

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Hamlen's Garden Center

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