

SWANTON, VERMONT

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Welcome to Hamlen's  
Helping Hand!

## 4th Newsletter of 2010

### Coming Events:

**June 26th - DESIGN YOUR OWN LANDSCAPING ON COMPUTER.** Call to register. Wondering how to landscape your home? Have the expertise of a landscape designer help you turn your dream design into a workable plan. A 30 minute session is only \$30. Reg. \$40.

# Hamlen's Helping Hand



Hamlen's Garden Center  
157 St. Albans Road  
Swanton, Vermont

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Visit us at Hamlen's. Enjoy browsing through our garden center.

Our friendly staff will be glad to answer your gardening questions and help you select just the items you need. Come and discover wonderful ideas for creating an inviting and relaxing garden environment inside and outside your home.

## Lower Maintenance Plants

With the coming of the summer solstice so too will come the time we look forward to playing outdoors. With our vegetables planted we don't want to spend all our hours tending the garden. Installing lower maintenance plants allows us the time to do other things other than gardening.

A little planning ahead of time can save many hours of labor later, time better spent paddling or riding our bikes or even passing time in the hammock with a good book.

Here is a short list of lower maintenance plants to help you get started in your design.



- **Blazing Star** (Liatris Spicata) hardy zone 3, tolerant of all soil types, blooms mid- summer to late fall
- **Coneflower** (Echinacea Purpurea) hardy zone 2, summer bloomer, extremely rugged plant
- **Coral bells** (Heuchera) hardy zone 3, blooms late spring early summer great foliage all season, variety of colors to choose from, favor partial shade
- **Hosta** hardy zone 3, blooms mid- summer, prefers partial shade, great for colorful foliage
- **Russian Sage** (Perovskia Atriplicifolia) hardy zone 3, blooms summer to fall, one of the great rare blue flowers, full sun with good drainage will perform well all summer, some pruning necessary in the early spring.

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## Hamming It Up

Yup, gardening and laughing are two of the best things in life you can do to promote good health and a sense of well being." - David Hobson, The Mad Gardener, (<http://www.golden.net/~dhobson/>)

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## Hamlines

*I perhaps owe having become a painter to flowers.*  
~**Claude Monet**



<http://www.facebook.com/pages/Swanton-VT/Hamlens-Garden-Center/45986979210>

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**The 1818 Rachel Hamlen homestead is looking for a new owner! Rachel's lovely vintage home on St. Albans Road would be the perfect location and fit for a family, a cozy B&B, or an ice cream parlor/café restaurant. Interested? Give Dave a call at Hamlen's (802) 868-4255.**

**Address:** 165 ST. Albans Rd., Swanton, VT. 05488

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**Hamlen's Garden Center**

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